

The BBL Spa

ESSENCE OF BLACKBUCK

120 minutes – INR 4200

This powerful revitalizing treatment especially created for BLACKBUCK SPA, can be tailored to your needs. The combination of full body and stretch with Western and Asian techniques can be experienced with soft, medium or strong pressure, whatever you desire. This full body treatment ends with oriental head massage to clear the mind, calm the spirit and ease tension. Tulsi, Basil and Honey all mixed into a BlackSesame Base Oil, will leave your rehydrated, nourished & soothed skin combined with a sense of deep relaxation.

DEEP TISSUE MASSAGE

75 minutes - INR 3200

A deep intensive massage, we work into layers of tissue to provide relief to sore, to ease muscle tension and re-awaken your senses. The therapist will work to release chronic muscle tension or knots through direct pressure within the deeper layers of the muscles and connective tissue.

BBL FULL BODY

60 minutes - INR 2800

A traditional full body massage using firm pressure to promote relaxation and ease muscle tension. This treatment is ideal as an introduction to massage. Stimulating movements using lavender mixed into an olive oil help soothe tired aching muscles to leave you relaxed and revived.

FOOT MASSAGE

60 minutes - INR 2200

This treatment involves the application of pressure to reflex points on the feet helping to treat specific ailments and balance, revive and heal the whole body.

ABHYANGA

45 minutes - INR 2200

A whole body rejuvenative massage using ayurvedic oils. It enhances blood circulation, stimulates lymphatic flow. Relieves body fatigue and related body aches, nourishes the skin, relaxes the body and removes stress.

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BACK, NECK, & SHOULDER MASSAGE

45 minutes - INR 1800

So much tension can be held in our Necks and Shoulders, this massage concentrates on these problem areas. Lemongrass essential oil with Olive oil helps to unravel the knots and at the same time quieten your mind.

HEAD & NECK

45 minutes - INR 1800

Stimulation Coconut or Almond oil massage concentrating on the head & neck to quieten the mind, awakens the senses, stimulates the nervous system, to ease muscular pain and tension induced by stress and incorrect sitting posture.

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You are welcome to come to the Spa in your robe or just as you are

Please leave all your valuables in your cottage

All prices are subject to 9% Service Tax